

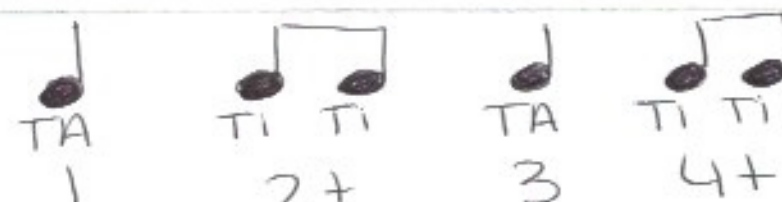
Rhythm Exercises Level 1A

1. 
TA 1 TA 2 Ti Ti 3 + 4

2. 
TA 1 TA 2 TA 3 TA 4

3. 
TA 1 TA 2 TA-AH 3 4

4. 
Ti Ti 1 + Ti Ti 2 + TA 3 TA 4

5. 
TA 1 Ti Ti 2 + TA 3 Ti 4 +

6. 
TA-AH 1 2 Ti Ti 3 + TA 4

Remember to keep a steady beat

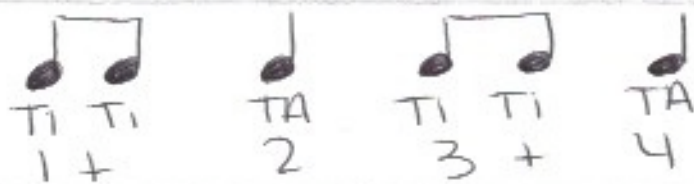
Ti Ti = pronounced "tee tee"

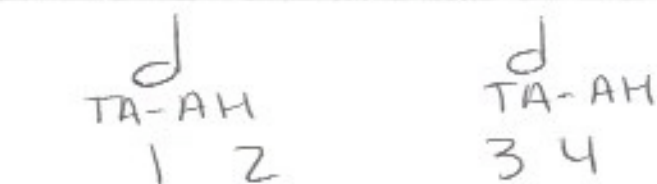
TA = pronounced "TAH"

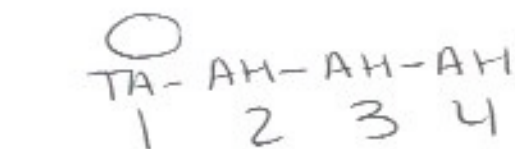
Rhythm Exercises Level 1B

1. 

2. 

3. 

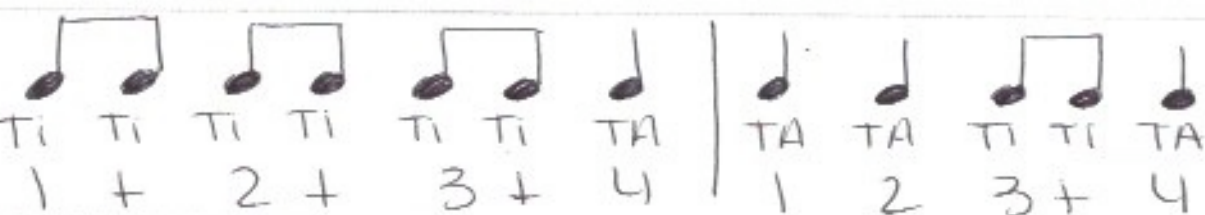
4. 

5. 

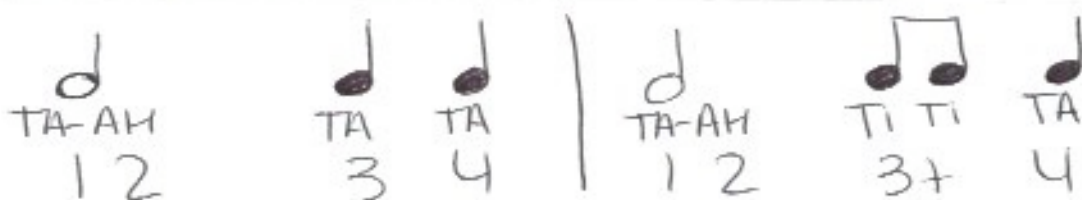
6. 

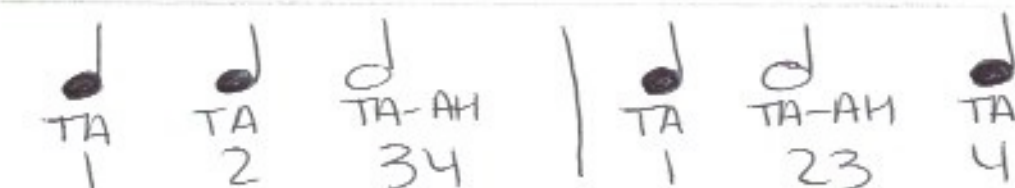
○ = 4 beats, 1 long sound

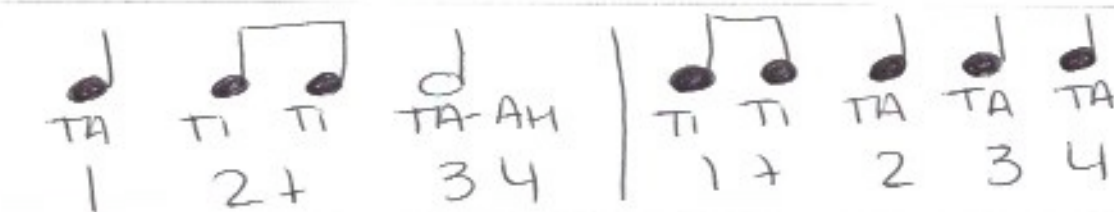
Rhythm Exercises Level 1C

1. 
Ti Ti Ti Ti Ti Ti TA | TA TA Ti Ti TA
1 + 2 + 3 + 4 | 1 2 3 + 4

2. 
TA TA-AH TA | TA TA TA TA
1 23 4 | 1 2 3 4

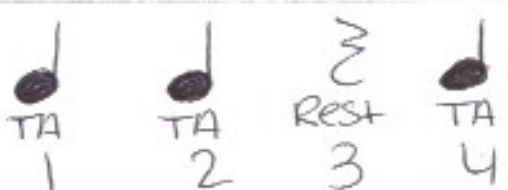
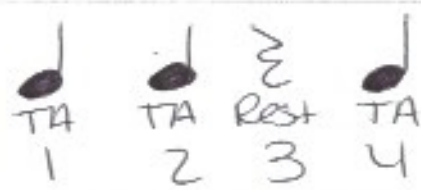
3. 
TA-AH TA TA | TA-AH Ti Ti TA
1 2 3 4 | 1 2 3 + 4

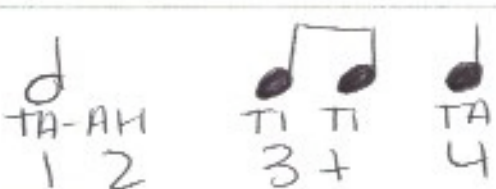
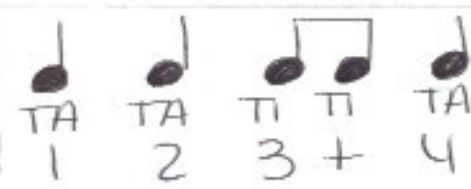
4. 
TA TA TA-AH | TA TA-AH TA
1 2 34 | 1 23 4

5. 
TA Ti Ti TA-AH | Ti Ti TA TA TA
1 2 + 3 4 | 1 + 2 3 4

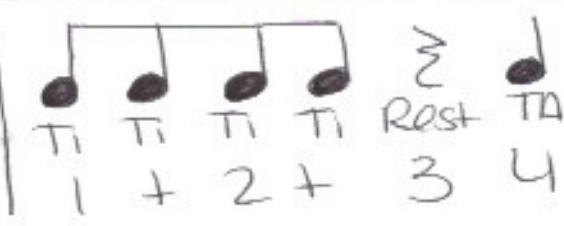
6. 
Ti Ti TA TA TA | TA-AH-AH-AH-AH
1 + 2 3 4 | 1 2 3 4

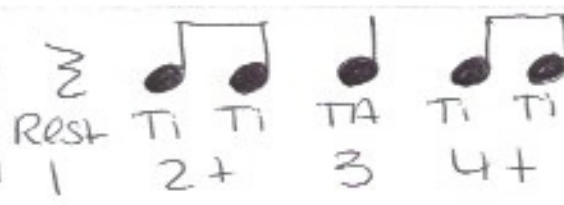
Rhythm Exercises Level 2A

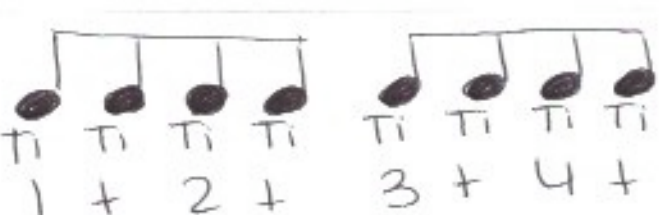
1.  | 

2.  | 

3.  | 

4.  | 

5.  | 

6.  | 

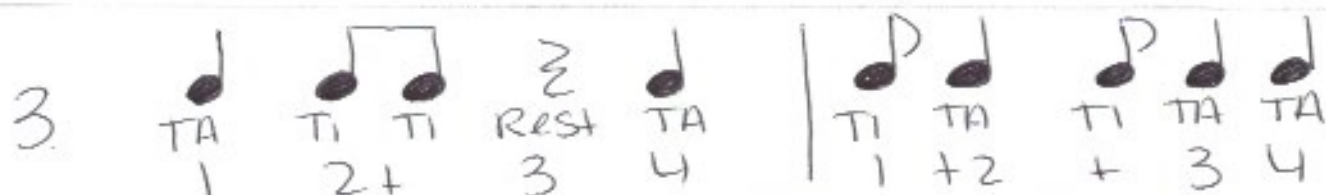
 = Same as 

 = Rest (1 beat of silence)

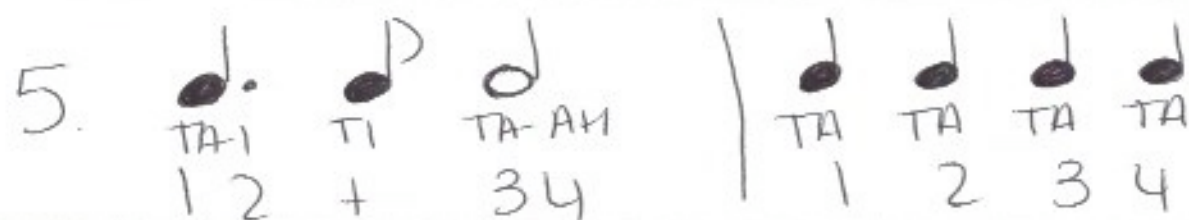
Rhythm Exercises Level 2B

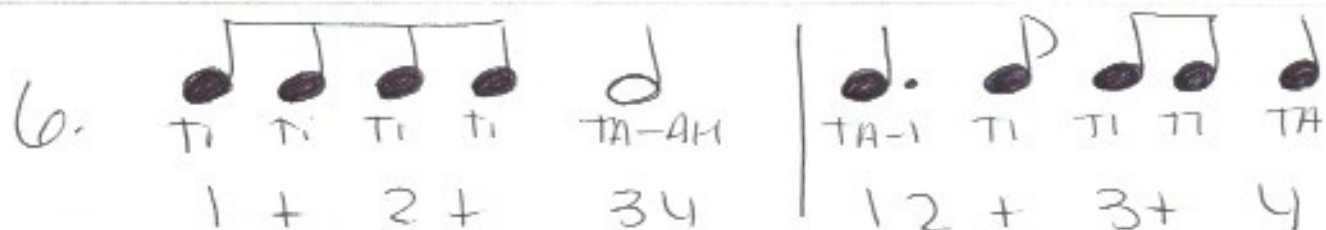
1. 

2. 

3. 

4. 

5. 

6. 

Rhythm Exercises Level 2 C

1. |
 ti TA ti ti ti TA | TA-AH ti ti TA
 1 +2 + 3 + 4 | 1 2 3 + 4

2. |
 TA-I ti TA TA | ti ti ti ti ti ti TA
 1 2 + 3 4 | 1 + 2+ 3+ 4

3. |
 TA ti ti Rest TA | TA ti ti Rest ti TA
 1 2+ 3 4 | 1 2+ 3+ 4

4. |
 ti ti ti ti TA-I ti | TA TA TA-AH
 1 + 2 + 3 4 + | 1 2 3 4

5. |
 TA-AH TA-I ti | TA-AH-AH Rest
 1 2 3 4 + | 1 2 3 4

6. |
 TA-AH-AH ti ti | TA ti ti TA-AH
 1 2 3 4 + | 1 2+ 3 4

Rhythm Exercises Level 3A

1.

1 2+ 3 4+ | 1+e+a 2 3+ 4 | 1 2 3+ 4

2.

1+e+a 2 3+e+a 4 | 1+ 2 3+4 | 1+e+a 2+ 3+ 4

3.

1 2 3+e+a 4 | 1+ 2 3+e+a 4 | 1+e+a 2+e+a 3+ 4

4.

1 2+e+a 3+e+a 4 | 1 2 3+e+a 4 | 1+e+a 2 3+e+a 4

5.

1 2 3 4+e+a | 1 2+e+a 3 4 | 1 2 3 4

6.

1+e+ 2+ 3 4+ | 1+ 2+e+ 3+ 4 | 1+e+a 2+ 3 4

Rhythm Exercises Level 3B

1. $\frac{4}{4}$
 TA-1 TI TI TI TA | TI TI TI RI TI RI TI TI TA | TA TA TI TI TA
 12 + 3+ 4 | 1+ 2e+a 3+ 4 | 1 2 3+ 4

2. $\frac{3}{4}$
 TA TA TA | TA-AH TA | TI TI TA
 1 2 3 | 1 2 3 | 1 + 2+ 3

3. $\frac{2}{4}$
 TI TI TA | TI RI TI RI TA | TA TA | TA-AH
 1 + 2 | 1 e + a 2 | 1 2 | 1 2

4. $\frac{6}{8}$
 TI TI TI TI TI TI | TA-AH TI TI TI | TA-AH TI TA-AH | TA-AH TI TA-AH
 1 2 3 4 5 6 | 1 2 3 4 5 6 | 1 2 3 4 5 6 | 1 2 3 4 5 6
 1 + a 2 + a 1 + a 2 + a 1 + a 2 + a

*If the $\frac{6}{8}$ is fast, it's not uncommon to count it in 2 big beats rather than 6 little beats

5. $\frac{3}{4}$
 TI TI TA | TI RI TI RI TA | TA TI TA
 1 + 2+ 3 | 1 e + a 2+ 3 | 1 2 + 3

6. $\frac{6}{8}$
 TA-AH TI TA-AH TI | TI TI TI TA-AH | TA-AH TI TA-AH | TA-AH TI TA-AH
 1 2 3 4 5 6 | 1 2 3 4 5 6 | 1 2 3 4 5 6 | 1 2 3 4 5 6
 1 + a 2 + a 1 + a 2 + a 1 + a 2 + a

*Note: Some of the rhythm syllables are slightly different for $\frac{6}{8}$. A ♩ in $\frac{4}{4}$ is one beat so it only gets TA. But a ♩ in $\frac{6}{8}$ is two beats. So in order to feel the 2 beats, the syllable has been changed to TA-AH. Same for ♩ which is 3 beats in $\frac{6}{8}$.

Rhythm Exercises Level 3C

1. 4/4 TA Trip-let TI TI TA | Trip-let TA Trip-let TA | TA TI TI Trip-let TA
1 2+a 3+a 4 | 1+a 2 3+a 4 | 1 2+ 3+a 4

2. 6/8 TI TI TI TA-AH TI | TA-AH TI TI TI | TA-AH TI TA-AH TI
1 2 3 4 5 6 | 1 2 3 4 5 6 | 1 2 3 4 5 6

3. 6/8 TA-AH TI TA-AH TI | TI TI TI TA-AH TI | Rest Rest TA-AH TI
1 2 3 4 5 6 | 1 2 3 4 5 6 | 1 2 3 4 5 6

4. 9/8 TA-AH TI TA-AH TI TA-AH TI | TI TI TI TA-AH TI TA-AH TI | TA-AH TI TA-AH TI TA-AH TI
1 2 3 4 5 6 7 8 9 | 1 2 3 4 5 6 7 8 9 | 1 2 3 4 5 6 7 8 9
1+a 2+a 3+a | 1+a 2+a 3+a | 1+a 2+a 3+a

5. 12/8 TI TI TI TA-AH TI TA-AH TI TA-AH TI | TA-AH TI TA-AH TI TA-AH TI TA-AH TI | TA-AH TI TA-AH TI TA-AH TI
1 2 3 4 5 6 7 8 9 10 11 12 | 1 2 3 4 5 6 7 8 9 10 11 12 | 1 2 3 4 5 6 7 8 9 10 11 12
1+a 2+a 3+a 4+a | 1+a 2+a 3+a 4+a | 4+a 2+a 3+a 4+a

6. 9/8 TI TI TI TI TI TI TI | TA-AH TI TA-AH TI TI TI TI | TA-AH TI TA-AH TI TA-AH TI
1 2 3 4 5 6 7 8 9 | 1 2 3 4 5 6 7 8 9 | 1 2 3 4 5 6 7 8 9
1+a 2+a 3+a | 1+a 2+a 3+a | 1+a 2+a 3+a